together WE CAN



2021 Annual Report

Board of Directors

Executive Leadership

Angela DelPup Board Chair

Calvin Higgins, Jr. Vice Chair

> Marc Jeffries Past Chair

Susan Papple Secretary

Susan Virgin Treasurer

0

0

0

.

Board Members

Erica Clute-Cubbin Jerome Fronczak Jared Gajos Phillip Hunter Deborah Macon

-THE MISSION -

Through substance abuse prevention, mental and physical wellness, and recovery support programs, the Alliance connects, strengthens, and mobilizes strategic partners to promote healthier communities.

THE CORE VALUES

As stewards of community trust, the Alliance of Coalitions for Healthy Communities believes in: Collaboration. Prevention. Results. THE VISION

Our vision is to be nationally recognized as a leader of best practices in collaboration on substance abuse prevention initiatives that create and sustain healthy communities.

"Building healthy communities through substance abuse prevention, wellness, and recovery support."

.

0

-63

– Together We Can...Adapt

Together we have made a difference in Oakland County and Southeastern Michigan. We continue to work tirelessly to support our mission alongside an amazing and dedicated Board of Directors, Alliance team and volunteers, and 22 prevention coalition network. This annual report is a testament to all that we have achieved this past year including continued effective programming through a global pandemic.

Prevention, recovery support and wellness interventions do work so thank you for helping us strengthen our connections and collaborations.

Stay safe and healthy!

President & CEO

Julie Brenner Angele Durap Angela DelPup

Board Chair

Highlights of the Year



In 2021, we expanded the Resolve[®] Program into Oakland County Alternative Schools. Resolve is a comprehensive life skills training program designed to address issues specific to individuals at risk of substance misuse and/or in recovery.



1,700+ individuals were trained in the life-saving opioid overdose reversal, Narcan, through the Save A Life program. Save A Life is a free community presentation that trains participants on the proper administration of the Intra-Nasal Naloxone overdose reversal drug.

ALLIANCE Wellness Programs In 2021, there were 43 online presentations for the World of Wellness Symposium from 36 presenters and practitioners. The Alliance Wellness Programs provide support services for the integration of health and wellness into community outreach practices by providing knowledge and skills. This year the ReNEWed® Program achieved virtual implementation at 62 schools with over 1,400 student

participants. ReNEWed is a middle school program with a strong curriculum for youth to learn to use mindfulness as a



tool for dealing with stress, anxiety, and other difficult feelings. This is done through the practice of mindfulness, yoga, breathing exercises, and other healthy coping strategies.

100% Coverage Achieved!

In 2021, we added our new and final prevention coalition in Brandon Township, the Brandon Community Coalition. We now have 22 prevention coalitions and 100% coverage of Oakland County!



Program Spotlight

The Alliance was an inaugural recipient of the CADCA Blue Ribbon Coalition credential

that recognizes high performing coalitions that do an exceptional job creating a foundation for their work by updating and utilizing their coalition products. The rigorous process to determine these coalitions is the newly designed CADCA Got Outcomes! Awards Program. The awards recognize coalitions that achieve measurable success in community-level substance misuse related outcomes by implementing a comprehensive and feasible plan guided by local data.



New Strategic Plan for 2022-2025

In order to help us sharpen our focus, the Alliance completed a **new strategic plan for 2022-2025** conducted by Sonder Haven Consulting. Solidifying existing efforts and setting new goals will help us be stronger in the years to come!

New Services to Elementary Schools

In partnership with Oakland Schools, in 2021 the Alliance was able to provide elementary schools with the **Michigan Model Substance Misuse Prevention Curriculum.** The purpose of the Michigan Model for Health[™] is to motivate and empower Pre-K through 12th grade students through building skills to maintain and improve their health, prevent disease, and reduce health-related risk behaviors while creating a partnership between homes, schools, communities and government.



Together We Can...Be Partners

October 2020 -September 2021



Together We Can...Help One Another

Thank you to our generous donors that supported us this year - we could not do what we do without you!

Venus Abat Arlene K Allard Kathryn Andrzejak Jennifer Baenziger Jennifer Baker Cortney Baur Sally Beasley Lien T. Beyrand Paul Bosanko Julie Brenner Janet Cadeau Doreen Cahill Allen Cain Tracy Chirikas Martine Cognet Kelly Cubbin Renae Cubbin Angela DelPup Michele Dongweck Chelsea Douglass Leslie Emmert-Buck Daniel Ewald Andrea Ewer Lynette Fioroni Lia Gaglio

Jeffrey Gaglio Jared Galos Elizabeth Gardiner Kaylie Graves Tanya Grillo Vera Hardy Keith L. Hardy Susan Hav Ryan Hay Jaclyn Hemphill Janet lyinson Rachel Jankowski Marc Jeffries Mari Johnson Kristen Kasik Jones Natasha Kendal Lauren Kim Rvan Knoblock Matthew Kolberg John Kosik Nancy Kucera Jon Ladd Deborah Lader Carli Lederman

Sean Logan Penny Luebs Deborah Macon Michael Me Eve Megale Barbara Merten-Dubensky Stephanie Mewes Rebecca Mitchell Karen Moran Julie Nelson-Klein Christa Oxford Susan Papple Heidi Pillen Susan Pittinato Barbara Pote Domenic Recchia Alicia Reichert Rachel Reierson Erin Rozycki Beth Schlosser Angle Schmucker Lydia Shea Mary Shea Meghan Slater **Kimberly F. Small** Deborah Smith Mary E. Smith

Yana Smolitsky Larry & Joan Spino Angela St Souver Sara Tarasenko Sherry Tasker Tiffany Thacher Kylie Tomasin Lisa Trudell Cheryl Van Drie Susan Virgin Michelle Walker Nancy Weinfeld Heather Wellman Michael Wilk Nikki Williams Jessica Wills Vicky Winkler Heather Wrubel Joanne Yihan Jan Ziaja Jonathan Ziaja

Corporate Donors

Alkermes AmazonSmile Blue Cross Blue Shield of Michigan Henry Ford West Bloomfield Hospital J9 Media Solutions Jamie Daniels Foundation Network for Good Novi Community Coalition Peckham, Inc. Rochester Periodontics & Dental Implants, PC Rochester/Auburn Hills Community Coalition The American Gift Fund The Children's Foundation The Kroger Co. The Restore Foundation

22 COALITIONS SERVING OAKLAND COUNTY

Birmingham Bloomfield Community Coalition

Brandon Community Coalition

Clarkston Coalition for Youth

Clawson Community Coalition

Greater Healthy Farmington Coalition

Greater West Bloomfield Community Coalition for Youth

Hazel Park Community Coalition

Holly Area Community Coalition

Huron Valley Community Coalition

Lakes Area Community Coalition Madison Heights Community Coalition

North Oakland Community Coalition

Novi Community Coalition

Pontiac Community Foundation

Rochester/Auburn Hills Community Coalition

Royal Oak Community Coalition

South Lyon Community Coalition

Southeast Oakland Coalition

Southfield Community Anti-Drug Coalition

Tri-Community Coalition

Troy Community Coalition

Waterford Coalition for Youth

Together We Can...Serve ALLIANCE OF COALITIONS for Healthy Communities www.ACHCMI.org • (248) 221-7101



Designated a 501(c)3 nonprofit organization in 2004. Licensed by Michigan's Bureau of Health Care Services. Federal, State, and/or County funding has been provided through the Cakland County Community Health Network Substance Use Disorder Services to support the project costs. Published February 2022.